

UW SCHOOL OF SOCIAL WORK

## Forefront Suicide Prevention Workshop

As members of a community, what can we do to help prevent this heartbreaking end to life? Learn how to discern the warning signs of suicide, how to engage in a conversation with a friend or loved one, and how to reduce the risk. The five-step LEARN approach is based on the most up-to-date research on the most effective way to engage in this difficult conversation. This workshop will include a presentation, discussion, and skills practice.

### THURSDAY, OCTOBER 25 • 7 - 9 PM

Seattle Waldorf High School • 7777 62<sup>nd</sup> Ave NE • Seattle, WA



**Peter Loft** has more than 20 years of demonstrated success presenting on an enormous variety of topics to audiences around the globe. Using evidence-based training (EBT), he delivers customized and compelling workshops for psychiatrists, psychologists, teachers, counselors, social workers, parents, and students. He holds an MA in Social Work, a BS in Biology, and is a licensed Independent Clinical Social Worker.